**What is Lipedema?**

Lipedema is considered a fat disorder. There is an overgrowth of fat cells It is thought to be inherited, and most of the time shows up at the start of puberty or during pregnancy. The majority of sufferers are female. Lipedema looks a lot like obesity but cannot be fixed with mere diet and exercise. Those with lipedema often have large legs and sometimes arms. It can be very mild, but some women have large tree trunk legs. The feet are not involved, so the puffiness stops at the ankle. Lipedema can be painful.

In recent years, a few plastic surgeons around the country have developed various types of surgeries to remove the abnormal fat cells.